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# Impact of the Chain Length and Topology of the Acetylated Oligosaccharide on the Crystallization Tendency of Naproxen from Amorphous Binary Mixtures

Aldona Minecka,\* Magdalena Tarnacka, Karolina Jurkiewicz, Barbara Hachuła, Roman Wrzalik, Kamil Kamiński, Marian Paluch, and Ewa Kamińska\*

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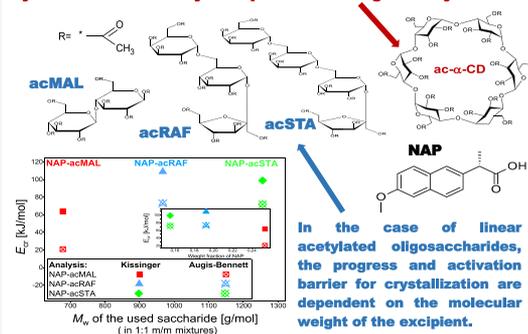
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**ABSTRACT:** The impact of the chain length or dispersity of polymers in controlling the crystallization of amorphous active pharmaceutical ingredients (APIs) has been discussed for a long time. However, because of the weak control of these parameters in the majority of macromolecules used in pharmaceutical formulations, the abovementioned topic is poorly understood. Herein, four acetylated oligosaccharides, maltose (acMAL), raffinose (acRAF), stachyose (acSTA), and  $\alpha$ -cyclodextrin (ac- $\alpha$ -CD) of growing chain lengths and different topologies (linear vs cyclic), mimicking the growing backbone of the polymer, were selected to probe the influence of these structural factors on the crystallization of naproxen (NAP)—an API that does not vitrify regardless of the cooling rate applied in our experiment. It was found that in equimolar systems composed of NAP and linear acetylated oligosaccharides, the progress and activation barrier for crystallization are dependent on the molecular weight of the excipient despite the fact that results of Fourier transform infrared studies indicated that there is no difference in the interaction pattern between measured samples. On the other hand, complementary dielectric, calorimetric, and X-ray diffraction data clearly demonstrated that NAP mixed with ac- $\alpha$ -CD (cyclic saccharide) does not tend to crystallize even in the system with a much higher content of APIs. To explain this interesting finding, we have carried out further density functional theory computations, which revealed that incorporation of NAP into the cavity of ac- $\alpha$ -CD is hardly possible because this state is of much higher energy (up to 80 kJ/mol) with respect to the one where the API is located outside of the saccharide torus. Hence, although at the moment, it is very difficult to explain the much stronger impact of the cyclic saccharide on the suppression of crystallization and enhanced stability of NAP with respect to the linear carbohydrates, our studies clearly showed that the chain length and the topology of the excipient play a significant role in controlling the crystallization of this API.

**KEYWORDS:** naproxen, acetylated saccharides, binary mixtures, chain length, topology, crystallization tendency

## Cyclic modified carbohydrate protects NAP against crystallization.



## INTRODUCTION

Polymers are the most popular and universal excipients (EXCs) in the pharmaceutical industry. They are employed as carriers, solubilizers, dispersive agents, emulsifiers, dissolution-retarding agents, coating substances, media for semiliquid forms of drugs, parts of various therapeutic systems, and so forth.<sup>1–3</sup> Macromolecules (of varying masses and internal configurations) commonly used in formulation technology include polysiloxanes, polyvinyl caprolactam–polyvinyl acetate–polyethylene glycol graft copolymer (Soluplus), hypromellose (HPMC), hypromellose acetate succinate (HPMCAS), poly(ethylene glycol) (PEG), polyoxyethyleneglycols, polyvinylpyrrolidone (PVP), and PVA/vinyl acetate (PVP/VA). It is worth mentioning that these widely known and accepted by Food and Drug Administration (FDA) and European Medicines Agency (EMA) substances became a

very important class of materials that can be used as long-term stabilizers of labile amorphous active pharmaceutical ingredients (APIs), whose apparent solubility and hence bioavailability are more beneficial in comparison to those of their crystalline counterparts. Recent studies have revealed that the abovementioned polymers (i) are physically and chemically stable in a wide range of pressures ( $p$ ) and temperatures ( $T$ ), (ii) easily form binary mixtures with different kinds of disordered pharmaceuticals, and (iii) have a strong influence

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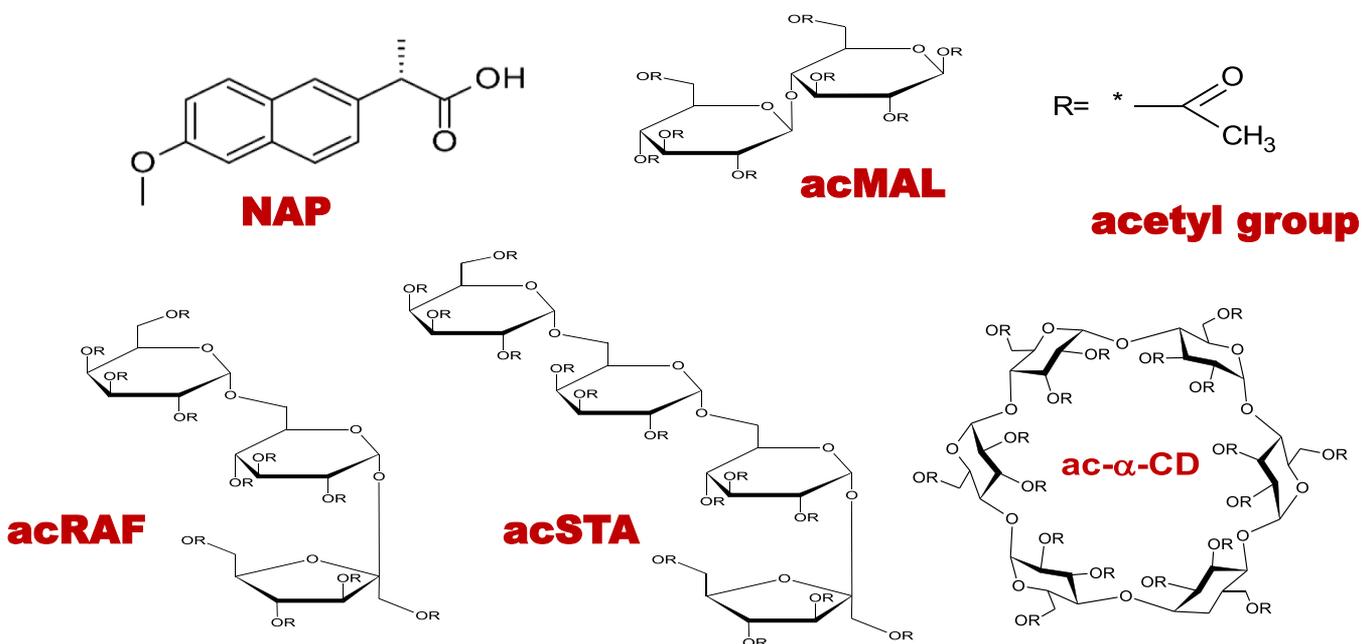
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Scheme 1. Chemical Structures of NAP and Acetylated Saccharides Used to Prepare Binary Mixtures: acMAL, acRAF, acSTA, and Acetylated  $\alpha$ -Cyclodextrin (ac- $\alpha$ -CD)



on the dissolution rates, solubility of active substances, and so forth.<sup>4,5</sup> Until now, stable amorphous API–polymer systems have been created, for example, for ezetimibe,<sup>6</sup> nimesulide,<sup>7</sup> bicalutamide,<sup>8</sup> flutamide,<sup>9</sup> tadalafil,<sup>10</sup> nabumetone,<sup>11</sup> naproxen (NAP),<sup>12</sup> indomethacin,<sup>13</sup> sulfonamide,<sup>14</sup> celecoxib,<sup>15,16</sup> nifedipine,<sup>17</sup> or furosemide.<sup>18</sup> Interestingly, some of them (e.g., mixtures with griseofulvin (Gris-PEG), fenofibrate (FENO-GLIDE), itraconazole (SPORANOX), verapamil hydrochloride (Isoptin), and lopinavir–ritonavir (KALETRA)) are even available on the market.<sup>4,19–21</sup> Unfortunately, despite the indicated favorable properties, commercial polymers have significant disadvantages. First of all, these systems are often not well characterized from the chemical/molecular point of view. In many cases, the molar mass and dispersity, which defines the degree of heterogeneous chain length distribution, are poorly controlled. The most illustrative examples are PVP or derivatives of polysaccharides, where either dispersity of the polymer is very high or degree of substitution of hydroxyl units is not well defined. These deficiencies connected to weak control of the basic properties of macromolecules may have significant implications on the homogeneity and stability of the prepared drug formulations. As a consequence, a risk of phase microseparation, often leading to enhanced crystallization and changing the dissolution properties over the time of storage, increases markedly. Moreover, the research done in previous years on the very poorly characterized polymers seems to be a limiting step in better understanding the role of the chain length, the flexibility of the polymer backbone, or its topology in the stability of amorphous (and easily crystallizing) pharmaceuticals.

Taking into account the abovementioned problem, the interesting alternatives for polymers are low-molecular weight EXCs. Among them, amino acids,<sup>22–25</sup> small proteins,<sup>26,27</sup> organic acids,<sup>28</sup> other active substances,<sup>29–31</sup> and carbohydrates and their modified analogues<sup>32–38</sup> (prepared by substituting the hydrogen atom from hydroxyl groups by hydrophobic, e.g., acetyl moieties) are commonly applied to

stabilize amorphous APIs. From the mentioned groups, saccharides deserve special attention. Note that these are nontoxic and biocompatible systems (many of them are accepted by the FDA and EMA as food and drug additives). Moreover, because of chemical modification, it is possible to tune their physicochemical properties. Indeed, substituted carbohydrates are free from limitations characteristic for polymers (dispersity problem) and amino acids (thermodegradation). Moreover, they improve the solubility of APIs belonging to the II and IV class of the Biopharmaceutics Classification System (BCS). It is also worth adding that these compounds are often characterized by high glass transition temperature,  $T_g$  (consequently, the stability of their binary mixtures with APIs at room temperature is greater), and they can easily be transformed to the amorphous state via vitrification, which is the simplest method of producing glasses. It is just mentioned that acetylated derivatives of some mono- and disaccharides have been recently used to stabilize amorphous forms of indomethacin,<sup>32</sup> nifedipine,<sup>34</sup> furosemide,<sup>35</sup> itraconazole,<sup>36</sup> NAP,<sup>37</sup> celecoxib,<sup>33</sup> and biclotymol.<sup>38</sup> Unfortunately, besides these investigations, there are no similar reports on the binary mixtures composed of APIs and carbohydrates (e.g., oligosaccharides) with more complex architectures/topologies. Importantly, such saccharides, whose basic structural units are glucose, galactose, and fructose, can form linear chains (with various lengths) or cyclic structures. Therefore, they seem to be convenient models to simulate simple, small-scale polymeric systems. Consequently, research on API–oligosaccharide mixtures would certainly help us to answer the question (impossible or hard to resolve in the case of polymers)—how the length and topology of the matrix influence the glass-forming ability and stability/crystallization tendency of amorphous APIs.

In this paper, four modified saccharides with linear or cyclic structures: acetylated maltose (acMAL), acetylated raffinose (acRAF), acetylated stachyose (acSTA), and acetylated- $\alpha$ -cyclodextrin (ac- $\alpha$ -CD) have been used to prepare amorphous

binary mixtures with NAP—a popular nonsteroidal anti-inflammatory drug (NSAID), which cannot be prepared in the glassy state via vitrification because of its strong tendency for crystallization. Our purpose was to answer the question whether both the topology and length of the saccharide chain have a significant role in suppressing the crystallization of the considered pharmaceutical.

## EXPERIMENTAL SECTION

**Materials and Methods.** *Materials.* NAP ([IUPAC name: (2S)-2-(6-methoxy-2-naphthyl)propanoic acid],  $C_{14}H_{14}O_3$ ,  $M_w = 230.3$  g/mol, 99% purity) was supplied by TCI Europe. acMAL (octaacetylmaltose,  $C_{28}H_{38}O_{19}$ ,  $M_w = 678.6$  g/mol, 98% purity) was provided by Sigma-Aldrich. acRAF (undecaacetylraffinose,  $C_{40}H_{54}O_{27}$ ,  $M_w = 966.9$  g/mol, 99% purity), acSTA (tetradecaacetylstachyose,  $C_{52}H_{70}O_{35}$ ,  $M_w = 1255.3$  g/mol, 99% purity), and ac- $\alpha$ -CD (octadecaacetyl- $\alpha$ -cyclodextrin,  $C_{72}H_{96}O_{48}$ ,  $M_w = 1729.7$  g/mol, 99% purity) were synthesized for the purpose of this paper. The synthesis procedures (including NMR data of the obtained products) are presented in the Supporting Information in ref 39. The molecular structures of all investigated compounds are presented in Scheme 1. Note that acMAL is a disaccharide, which consists of two glucose units; acRAF is a trisaccharide composed of galactose, glucose, and fructose, while acSTA is a tetrasaccharide consisting of two galactose units, one glucose unit and one fructose unit. ac- $\alpha$ -CD is a cyclic hexasaccharide composed of six glucose monomers. In all examined carbohydrates, the hydrogen atoms from hydroxyl groups are substituted by acetyl moieties.

*Methods. Preparation of Binary Systems of NAP with Modified Saccharides.* The amorphous binary mixtures of NAP with four selected acetylated oligosaccharides (molar ratios: 10:1, 5:1, 3:1, 2:1, 1:1, 1:3, 1:5, and 1:10) were prepared using the quench cooling technique in a temperature- and humidity-controlled glovebox (PLAS Laboratories Inc. 890-THC-DT/EXP/SP) at the assured relative humidity RH < 10%. To obtain the homogeneous solid dispersions (SDs), we first mixed NAP with EXCs (all substances were the white crystalline powders) in a heat-resistant glass vial and subsequently put a magnetic stir bar into the vial with the mixtures. Next, the crystalline components were melted in the vial on the hot plate magnetic stirrer (CAT M 17.5 with the Pt-100 temperature sensor) at  $T$  slightly above the  $T_m$  of NAP ( $\sim 435$  K). After the full melting of the prepared binary systems, they were transferred from the hot metal plate to a very cold ( $T \sim 278$  K) metal plate with the applied cooling rate of  $\sim 100$  K/min (the given value is just a rough estimation using the contact thermometer). The supercooled samples obtained in this way were further analyzed with the use of differential scanning calorimetry (DSC) and broadband dielectric spectroscopy (BDS). Because of the fact that these investigations clearly revealed enhanced crystallization/phase separation in the mixtures (NAP–acMAL, NAP–acRAF, and NAP–acSTA) with the higher content of APIs (10:1, 5:1, 3:1, and 2:1 m/m) and good physical stability (no sign of crystallization) of the systems with the greater amount of modified oligosaccharides (1:3, 1:5, and 1:10 m/m), further nonisothermal DSC, X-ray diffraction (XRD), and Fourier transform infrared spectroscopy (FTIR) measurements were carried out exclusively on equimolar, 1:1 m/m, mixtures—optimal molar ratio (for nonisothermal DSC studies also, 1:5.45 w/w systems were prepared). Note that in the case of

the NAP–ac- $\alpha$ -CD system, despite the stability of APIs in each prepared sample (as concluded from BDS and DSC studies), additional XRD and FTIR experiments were also performed on the 1:1 m/m mixture.

*Differential Scanning Calorimetry.* Calorimetric measurements of mixtures of NAP with acetylated saccharides were performed using a Mettler Toledo DSC apparatus (Mettler Toledo International, Inc., Greifensee, Switzerland) calibrated for temperature and enthalpy using indium and zinc standards and equipped with a liquid nitrogen cooling accessory and an HSS8 ceramic sensor (a heat flux sensor with 120 thermocouples). The studied binary systems were contained in sealed aluminum crucibles (40  $\mu$ L) and heated above their melting temperatures, quenched, and scanned well above the respective melting points.

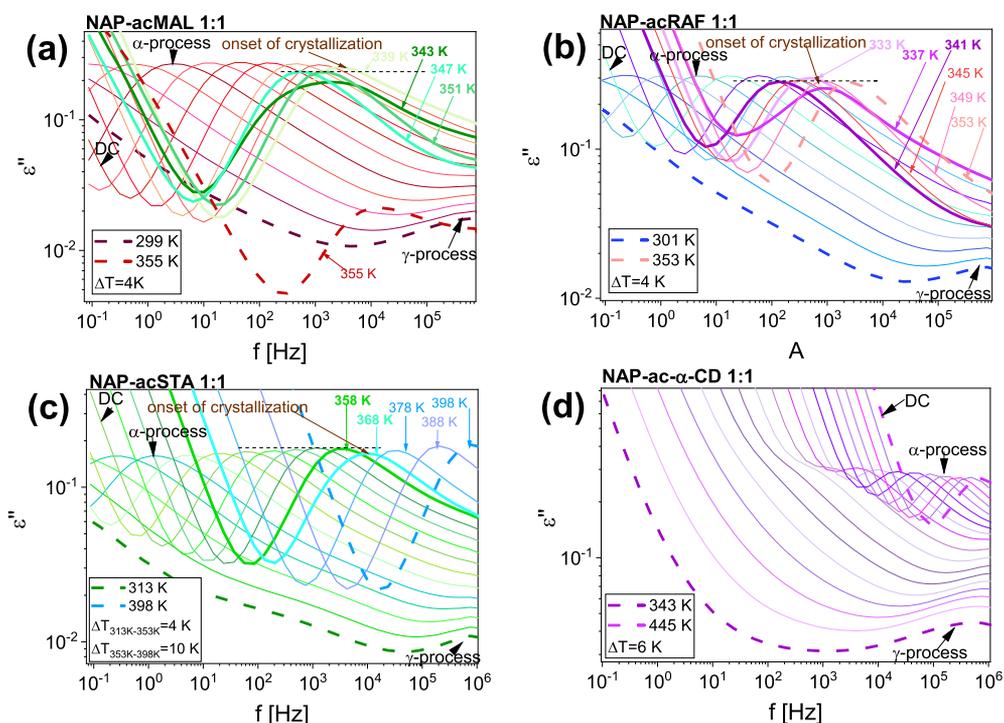
Nonisothermal calorimetric measurements (heating rates from 2.5 to 20 K/min) were carried out on equimolar (1:1 m/m) and 1:5.45 w/w NAP–acMAL, NAP–acRAF, and NAP–acSTA SDs, immediately after the preparation of amorphous samples. For each experiment, a fresh sample was prepared.

*Broadband Dielectric Spectroscopy.* Complex dielectric permittivity ( $\epsilon^*(\omega) = \epsilon'(\omega) - i\epsilon''(\omega)$ ) measurements were carried out using the Novocontrol Alpha dielectric spectrometer (Novocontrol Technologies GmbH & Co. KG, Hundsangen, Germany) over the frequency range from  $10^{-2}$  to  $10^6$  Hz. Experiments were performed after the vitrification process (which was described above) at ambient pressure in a broad range of temperatures (299–445 K). The samples were placed between two stainless-steel flat electrodes of the capacitor with a gap of 0.1 mm, mounted in a cryostat, and kept under dry nitrogen gas flow during measurements. The temperature stability controlled using a Quatro cryosystem using a nitrogen gas cryostat was better than 0.1 K.

*X-Ray Diffraction.* XRD measurements for neat crystalline NAP, supercooled acetylated saccharides and their equimolar binary mixtures were performed on a Rigaku-Denki D/MAX RAPID II-R diffractometer equipped with a rotating Ag anode, a graphite (002) monochromator, and an image plate detector in the Debye–Scherrer geometry. The wavelength of the incident beam was 0.56 Å. Samples were measured just after the preparation in borosilicate glass capillaries at 293 K. The background intensity from the empty capillary was subtracted, and two-dimensional diffraction patterns were converted into one-dimensional intensity data versus the scattering angle,  $2\theta$ .

*Fourier Transform Infrared Spectroscopy.* Infrared experiments were carried out with a Thermo Scientific Nicolet iS50 FT-IR spectrometer using a diamond attenuated total reflection accessory. The data were recorded in the range of 4000–400  $\text{cm}^{-1}$  by averaging 32 scans at a resolution of 4  $\text{cm}^{-1}$ . FTIR spectra of carbon tetrachloride ( $\text{CCl}_4$ ) and NAP diluted in  $\text{CCl}_4$  were also measured on a Nicolet iS50 FTIR spectrometer in the frequency range from 4000 to 400  $\text{cm}^{-1}$  using a transmission solution cell with KBr windows and a path length of 1.03 mm. A total of 16 scans with a spectral resolution of 4  $\text{cm}^{-1}$  were averaged for each sample. The IR spectrum of NAP solution was obtained by subtracting the spectrum of the pure solvent ( $\text{CCl}_4$ ) from the measured absorption spectrum and by applying baseline correction.

*Density Functional Theory Calculations.* Full optimization of the molecular structure of the isolated  $\alpha$ -cyclodextrin (nonmodified) molecule and its acetyl derivative (ac- $\alpha$ -CD) and NAP (S-form) was carried out with the density functional



**Figure 1.** Representative dielectric loss spectra measured above  $T_g$  for equimolar binary mixtures of NAP with acMAL, acRAF, acSTA, and ac- $\alpha$ -CD. The thickened lines were used to show the changes in the amplitude of the  $\alpha$ -peak due to crystallization.

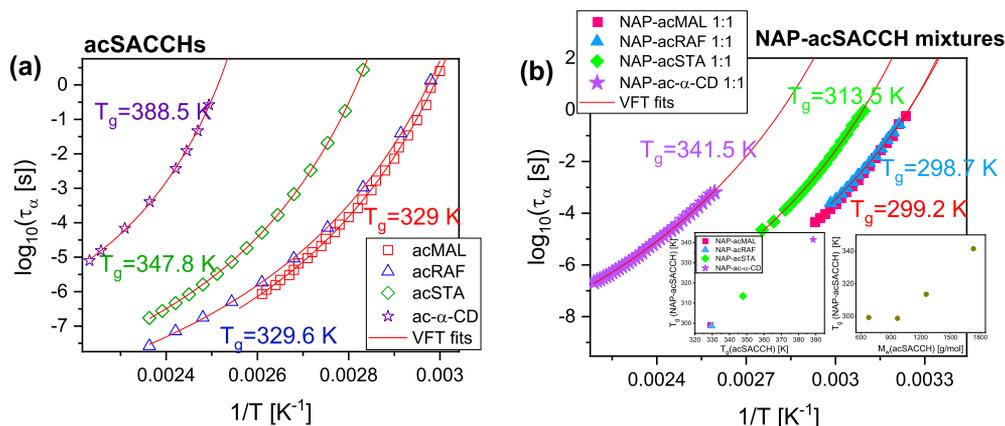
theory (DFT) B3LYP/6-31G(d) model using Gaussian 03 software.<sup>40</sup>

## RESULTS AND DISCUSSION

At the beginning, it should be stressed that to study the impact of the chain length and topology (linear *vs* cyclic) of acetylated saccharides (acSACCHs) on the crystallization tendency of NAP, first, we have prepared binary mixtures with various contents of a given EXC. Next, preliminary DSC and BDS measurements were performed on each system. The purpose of these experiments was to find out an optimal concentration of acSACCHs, at which the crystallization of the considered API is neither too fast nor too slow. It turned out that the mixtures of NAP with acMAL (disaccharide), acRAF (trisaccharide), and acSTA (tetrasaccharide) prepared in 3:1 and 2:1 molar ratios m/m (and with a lower EXC content) are highly unstable. Namely, in a very short time after the sample preparation, we observed the crystallization and phase separation manifested, dependently on the applied experimental technique, by clear exothermic events in thermograms or broadening of the  $\alpha$ -relaxation peak and lowering of its amplitude in dielectric spectra. In turn, for the mixtures with the relatively large amount of modified linear oligosaccharide with respect to the API (1:3, 1:5, and 1:10 m/m), none of these behaviors were detected. Such systems were physically stable, and hence, the influence of the EXC on the crystallization of NAP could not be examined on the reasonable experimental time scale. An optimal molar ratio of NAP and acMAL (acRAF and acSTA) at which the mixtures were homogeneous and did not crystallize shortly after preparation was 1:1 m/m. Therefore, in further investigations, we focused only on these equimolar SDs. Simultaneously, one can mention that the mixtures of NAP with cyclic hexasaccharide (ac- $\alpha$ -CD) prepared in each molar ratio (even in 10:1 m/m) were stable, and no sign of crystallization

and phase separation was noticed. Nevertheless, to retain consistency and clarity of further discussion, in this paper, we showed the results obtained exclusively for the NAP–ac- $\alpha$ -CD, 1:1 m/m binary system.

At first, the outcomes of BDS investigations will be presented. In Figure 1, representative dielectric loss spectra measured above the  $T_g$  for the considered SDs (1:1 m/m) are displayed. Note that dielectric spectra of neat modified saccharides (acMAL, acRAF, acSTA, and ac- $\alpha$ -CD) can be found in our recent papers (refs 36, 39). As can be seen, in the case of all mixtures, two well-visible processes, which shift toward lower frequencies ( $f$ ) with decreasing temperature, can be detected. The first one is the dc conductivity (DC) connected to the charge transport of ionic impurities in the sample, whereas the second one is the structural relaxation ( $\alpha$ ), related to cooperative motions of molecules. Moreover, at lower  $T$ , there is a trace of secondary ( $\gamma$ )-relaxation, which originates from the motions of acetyl moieties.<sup>39</sup> It is worth noting that in the mixture of NAP with ac- $\alpha$ -CD (panel d), the impact of DC is very strong. As a consequence, with decreasing temperature, the low frequency side of the  $\alpha$ -peak is systematically covered by DC contribution until complete obscuration. From Figure 1, it is also well seen that in contrast to the NAP–ac- $\alpha$ -CD system, for NAP–acMAL, NAP–acRAF, and NAP–acSTA, 1:1 m/m mixtures, the amplitude of the  $\alpha$ -peak is lower at higher  $T$ . This behavior is accompanied by the broadening of  $\alpha$ -dispersion. Interestingly, for the SDs with acMAL and acRAF, after the mentioned drop in the amplitude, the  $\alpha$ -process is also shifting back toward lower  $f$  with increasing  $T$ . This unexpected finding indicates that the  $T_g$  of binary systems starts to increase. The reason for that is the decreasing content of amorphous NAP (a component with lower  $T_g$  in comparison to the modified saccharide) because of ongoing crystallization. What is more, with a further increase in the temperature, the  $\alpha$ -peak moves



**Figure 2.** Structural ( $\alpha$ ) relaxation times plotted vs inverse temperature for neat acetylated saccharides<sup>36,39</sup> (a) and their binary mixtures with NAP (b). The solid red lines represent VFT fits. The left and right insets of panel (b) present the dependence of  $T_g$  (BDS) of the NAP–acSACCH mixture on  $T_g$  and  $M_w$  of neat acSACCH, respectively.

again toward higher  $f$ , which means the end of the crystallization process.

From Figure 1, one can also observe that the degree of API crystallization in NAP–acMAL, NAP–acRAF, and NAP–acSTA systems depends on the molecular weight ( $M_w$ ) of the acetylated saccharide. This phenomenon, which can be monitored by the change in the amplitude of the structural relaxation, is most noticeable for the mixture of NAP with acMAL. Note that in this SD, both components, API and the modified saccharide, crystallize at higher  $T$  (as shown in Figure 1a, the lowering amplitude of the  $\alpha$ -process at 339 and 343 K indicates the crystallization of NAP, while the significant decrease in the amplitude at 355 K points to the crystallization of acMAL). Importantly, in the case of the NAP–ac- $\alpha$ -CD, 1:1 m/m SD (panel d of Figure 1), the crystallization does not occur. This mixture (as concluded from our preliminary studies), in contrast to other binary systems, is stable in the whole measured  $T$  range.

To characterize the molecular dynamics of the studied 1:1 m/m binary systems, the spectra presented in Figure 1 were fitted to the Havriliak–Negami (HN)<sup>41</sup> function, taking into account the DC contribution

$$\varepsilon(\bar{\omega})'' = \frac{\sigma_{DC}}{\varepsilon_0 \bar{\omega}} + \varepsilon_\infty + \frac{\Delta\varepsilon}{[1 + (i\bar{\omega}\tau_{HN})^\alpha]^\gamma} \quad (1)$$

where  $\alpha$  and  $\gamma$  are the shape parameters, describing the slopes of the high- and low-frequency part of a given relaxation process, respectively,  $\Delta\varepsilon$  is the dielectric relaxation strength,  $\tau_{HN}$  is the HN relaxation time,  $\varepsilon_0$  is the vacuum permittivity, and  $\bar{\omega}$  is an angular frequency ( $\bar{\omega} = 2\pi f$ ). Afterward, using the formula given in a book edited by Kremer and Schönhal, the structural relaxation times ( $\tau_\alpha$ ) have been recalculated from  $\tau_{HN}$ . Subsequently,  $\tau_\alpha$  was plotted versus reciprocal temperature (Figure 2b) and compiled with analogous data determined for neat acSACCHs (Figure 2a).<sup>39</sup> Next, to describe the temperature dependencies of  $\tau_\alpha$ , the Vogel–Fulcher–Tammann (VFT)<sup>43–45</sup> equation (Figure 2, solid red lines) was applied

$$\tau_\alpha = \tau_{VFT} \exp\left(\frac{D_T T_0}{T - T_0}\right) \quad (2)$$

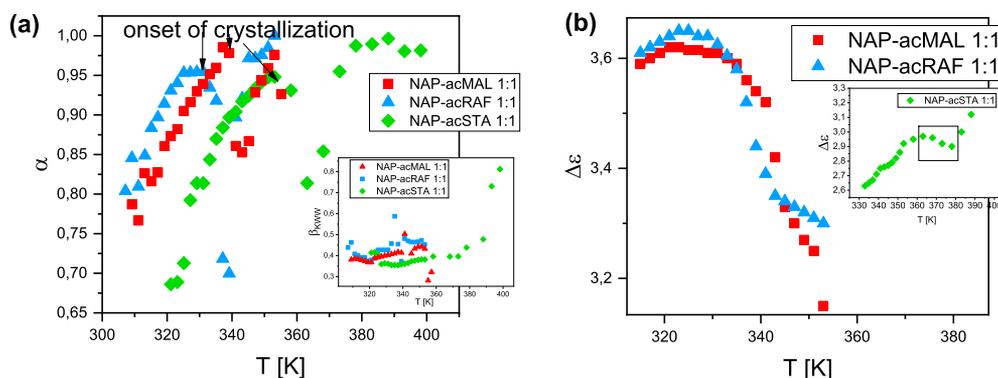
in which  $\tau_{VFT}$  is the time scale of vibrational motions and  $D_T$  is the strength parameter, while  $T_0$  represents the temperature at

which  $\tau_\alpha$  tends to infinity. Obtained fits were used to determine the values of  $T_g$  (defined as a  $T$  at which  $\alpha$ -relaxation times reach 100 s) for each binary system. As can be observed in Figure 2, the glass transition temperatures calculated for the examined SDs are lower with respect to  $T_g$  of neat modified saccharides.<sup>39</sup> Moreover, they generally increase linearly with increasing  $M_w$  of the used EXC (although the  $T_g$  of NAP–acMAL and NAP–acRAF, 1:1 m/m systems is practically the same); see the right inset of Figure 2b. It can also be noticed that there is a clear dependence between the  $T_g$  of the NAP–acSACCH mixture and  $T_g$  of neat acSACCH, that is, higher  $T_g$  of the former is accompanied by higher  $T_g$  of the latter; see the left inset of Figure 2b.

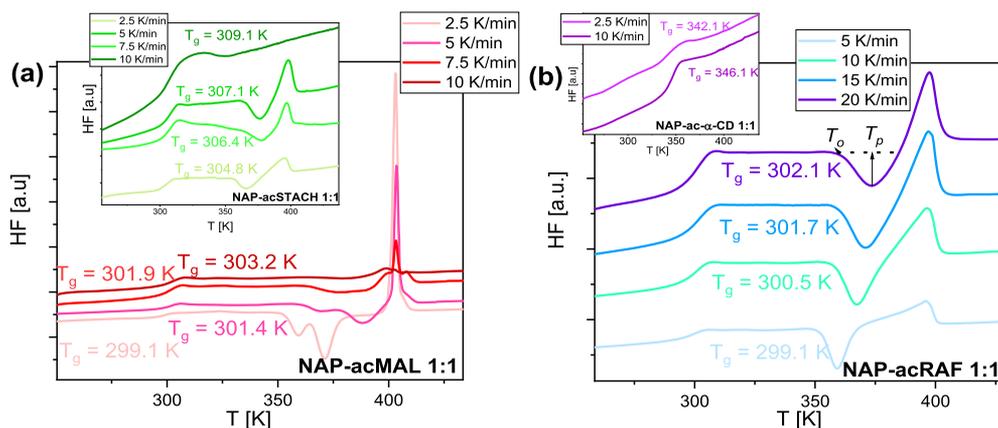
It should be noted that the glass transition temperatures obtained from BDS measurements for the considered SDs are additionally given in Table 1. In this table, we also included the values of this parameter determined from DSC experiments carried out at various heating rates,  $\phi$  (results of these investigations will be described and discussed in detail later on). As illustrated, there is quite good correspondence between the  $T_g$  obtained from dielectric and calorimetric ( $\phi = 10$  K/min) studies for each examined binary mixture.

**Table 1.** Values of  $T_g$  Determined from Dielectric Measurements and  $T_g$  and Temperatures of the Crystallization Process ( $T_p$ ,  $T_o$ ) Obtained from DSC Thermograms Measured at Different Heating Rates

binary mixture in 1:1 m/m ratio	$\phi$ [K/min]	$T_g^{\text{BDS}}$ [K] $\pm 0.1$ K	$T_g^{\text{DSC}}$ [K] $\pm 0.1$ K	$T_p$ [K] $\pm 0.1$ K	$T_o$ [K] $\pm 0.1$ K
NAP–acMAL	2.5		299.1	359.0	354.1
	5		301.4	368.2	360.4
	7.5		301.9	375.5	365.5
	10	299.2	303.2	381.4	368.2
NAP–acRAF	5		299.1	360.2	352.5
	10	298.7	300.5	367.2	358.1
	15		301.7	370.9	359.5
	20		302.1	373.5	360.5
NAP–acSTA	2.5		304.8	366.1	356.4
	5		306.4	374.5	361.1
	7.5		307.1	377.7	364.6
	10	313.5	309.1		
NAP–ac- $\alpha$ -CD	2.5		342.1		
	10	341.5	346.1		



**Figure 3.** Temperature dependencies of the  $\alpha$  parameter obtained from the HN function (eq 1) and Kohlrausch–Williams–Watts exponent,  $\beta_{\text{KWW}}$  (inset) (a). The changes in dielectric strength of the  $\alpha$ -process ( $\Delta\epsilon$ ) with temperature for 1:1 m/m mixtures of NAP with acMAL and acRAF (b). The inset shows the analogous data for the equimolar NAP–acSTA SD.



**Figure 4.** DSC curves obtained for binary mixtures of NAP with acMAL (a), acRAF (b), acSTA (inset of panel a), and ac- $\alpha$ -CD (inset of panel b), 1:1 m/m. Thermograms were measured with the indicated heating rates.

What is more, for the three of the studied equimolar binary systems (NAP–acMAL, NAP–acRAF, and NAP–acSTA), we performed additional analysis to check how the parameters describing the structural ( $\alpha$ )-relaxation process change in the temperature ranges where the crystallization is observed in dielectric spectra. In Figure 3, two of them obtained directly from the HN fits, that is,  $\alpha$  and  $\Delta\epsilon$ —see eq 1 and the stretched/Kohlrausch–Williams–Watts exponent ( $\beta_{\text{KWW}}$ ), calculated using the following formula:<sup>46</sup>

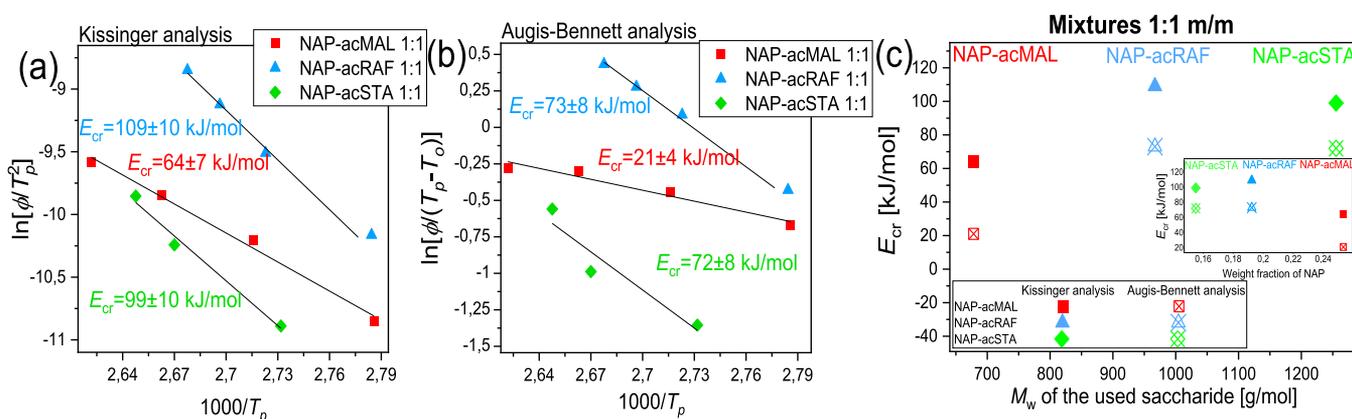
$$\alpha\gamma = \beta_{\text{KWW}}^{1.23} \quad (3)$$

where  $\gamma$  is the second (after  $\alpha$ ) shape parameter in the HN function, presented as a function of temperature. As illustrated in Figure 3a, in each case, there is a nonmonotonic behavior of  $\alpha$  and  $\beta_{\text{KWW}}$ . In particular, the increase in  $\alpha$  with increasing  $T$  is interrupted by a sharp decrease at temperature at which the samples start to crystallize; see Figure 1. Moreover, in a similar  $T$  range, some variations are visible in the dependences  $\beta_{\text{KWW}}$  versus  $T$ . The third manifestation of the ongoing crystallization process in the considered binary mixtures is the decrease in dielectric strength of the  $\alpha$ -process ( $\Delta\epsilon$ ), observed in Figure 3b.

Subsequently, having in mind that NAP recrystallizes in three of the examined equimolar binary mixtures (NAP–acMAL, NAP–acRAF, and NAP–acSTA, 1:1 SDs), we carried out nonisothermal calorimetric measurements to calculate the activation barrier of crystallization in these systems. Thermo-

grams measured with various heating rates ( $\phi$ ) for each sample are presented in Figure 4 (panels a and b). Additionally, in the inset of Figure 4b, we included two representative DSC curves determined for the NAP–ac- $\alpha$ -CD, 1:1 SD (noncrystallizing system). As can be seen, there are two endothermic processes in the thermograms collected for the mixtures of NAP with three linear acetylated carbohydrates. The first one, appearing at lower  $T$ , is related to the glass transition phenomenon, whereas the second one is associated with the melting of the crystalline sample. Moreover, at some  $\phi$ , one can notice the presence of one or two (NAP–acMAL SD) exothermic events, indicating the cold crystallization. Note that with the increasing heating rate, both the first endothermic peak and exothermic peak (or peaks in the case of the NAP–acMAL SD) are shifting toward higher temperatures in the examined binary systems.

It is worth pointing out that for NAP–acMAL (panel a in Figure 4) and NAP–acRAF (panel b in Figure 4) systems, the crystallization process occurs independently of  $\phi$ . For the NAP–acSTA SD (the inset of panel a in Figure 4), this phenomenon can be detected at the heating rates from 2.5 to 7.5 K/min. In turn, in the case of the NAP–ac- $\alpha$ -CD system (inset of panel b in Figure 4), there is no sign of crystallization in DSC curves measured with various  $\phi$ , which is consistent with the results of dielectric investigations. It should be added that the presence of two exothermic events in DSC curves measured for the NAP–acMAL SD is related to the crystallization of both components of the mixture (API and



**Figure 5.** Kissinger (a) and Augis and Bennett (b) plots for exothermic crystallization peaks in NAP–acMAL, NAP–acRAF, and NAP–acSTA binary mixtures (1:1 m/m), characterized by temperatures given in Table 1. The solid black lines represent the linear fits to eqs 4 and 5. The values of crystallization energy ( $E_{cr}$ ) calculated from both analyses plotted versus  $M_w$  of the saccharide used for the preparation of binary systems (c). The inset of panel (c) presents the dependence of  $E_{cr}$  on the weight fraction of NAP in three examined equimolar mixtures.

modified saccharide). Taking into account the results of previous BDS studies and additional XRD measurements (Figure 6 described later on), it can be stated that exothermic peaks occurring in thermograms of NAP–acMAL systems at lower and higher  $T$  are associated with the crystallization of the API and acMAL, respectively.

Afterward, from the analysis of thermograms presented in Figure 4, the activation energy of nonisothermal crystallization ( $E_{cr}$ ) for equimolar binary mixtures of NAP with linear acSACCHs was calculated. For this purpose, we used the Kissinger method,<sup>47</sup> which relies on the analysis of the variation in the peak temperature of crystallization ( $T_p$ )

$$\ln\left(\frac{\phi}{T_p^2}\right) = C_K - \frac{E_{cr}}{RT_p} \quad (4)$$

and Augis–Bennett approach<sup>48</sup> that takes into account the onset temperature of crystallization,  $T_o$

$$\ln\left(\frac{\phi}{T_p - T_o}\right) = C_{AG} - \frac{E_{cr}}{RT_p} \quad (5)$$

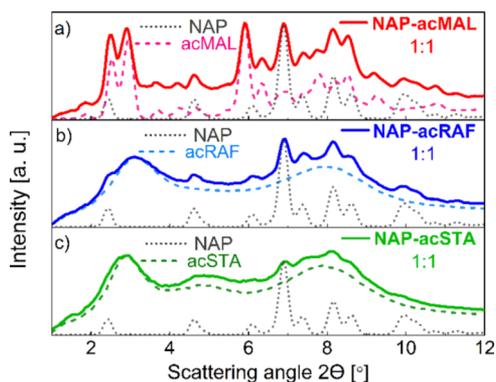
$C_K$  in eq 4 and  $C_{AG}$  in eq 5 are fitting parameters. It should be mentioned that in the case of the NAP–acMAL mixture, the first exothermic peak visible in thermograms (assigned to the recrystallization of the API) was taken for the calculations. The results of both analyses together with the obtained activation energies are presented in Figure 5a,b (note that the values of  $T_p$ ,  $T_o$  and applied heating rates ( $\phi$ ) are included in Table 1). As can be seen, for each binary system, the value of  $E_{cr}$  calculated from the Kissinger approach is significantly higher with respect to that determined from the Augis–Bennett expression. Such differences are well visualized in panel c of Figure 5 and in the inset of this figure, where the obtained activation energies have been presented as a function of  $M_w$  of the used, modified carbohydrate and the weight fraction of NAP. Essentially, one can observe that  $E_{cr}$  increases with the increasing molecular weight of the acSACCH and simultaneously with the decreasing content of the API in the mixture (negative correlation). However, it should be stressed that in the case of the SDs with acRAF and acSTA, despite various  $M_w$ s of these carbohydrates, the values of  $E_{cr}$  are comparable.

What is more, we also performed additional nonisothermal DSC measurements for NAP–acSACCH binary mixtures with the same content of APIs in each sample (1:5.45 weight ratio, which corresponds to the following molar ratios: 1:1 (NAP–acSTA), 1:1.3 (NAP–acRAF), and 1:1.85 (NAP–acMAL)). The obtained thermograms (except for those collected for the NAP–acSTA system, which are identical with DSC curves shown in the inset of Figure 4a) and results of the analysis carried out with the use of Kissinger and Augis–Bennett methods (eqs 4 and 5) are illustrated in the Supporting Information, Figures S1 and S2. As can be seen, the value of  $E_{cr}$  from both approaches is the greatest for the SD with acSTA (it exceeds that calculated for the NAP–acRAF 1:5.45 SD). Note that a high value of  $E_{cr}$  for the NAP–acMAL system is not entirely reliable because in this mixture, in contrast to the equimolar one (1:1 m/m), there is a contribution from both crystallizing components to the overall crystallization (only one broad exothermic peak in thermograms presented in Figure S1). Consequently, the estimation of  $E_{cr}$  of the API is hardly possible. Herein, it should also be noted that irrespectively of the heating rate, NAP always crystallized from binary mixtures with acMAL and acRAF, while in the case of acSTA, at higher  $\phi$ , the API crystallization was suppressed and not detected in the measured thermograms.

Nevertheless, it must be emphasized that while probing the impact of various kinds of EXCs differing in molecular weight on the crystallization ability of labile amorphous APIs, the collected data should be first normalized and discussed with respect to the molar not the weight ratio. The molar ratio is a reference point allowing us to compare the activity against the crystallization of the selected matrices. Application of the protocol relying on measuring the SD of varying weight ratios seems to be reasonable only in the case of systems composed of APIs and exclusively one EXC (with different concentrations). The change in the crystallization pattern is a natural consequence of varying molar concentrations in binary mixtures.

Having BDS and DSC data measured, we performed XRD studies to verify the phase composition and crystallization tendency of binary mixtures and to identify the crystalline forms of their components. The measurements for SDs were carried out after their recrystallization (1 day after). It should be noted that XRD experiments performed immediately after

the supercooling of liquids showed that the fresh binary mixtures were amorphous; see Figure S3 in the Supporting Information. The crystal structure of neat NAP (diffraction data marked with a dotted line in Figure 6) was identified to be

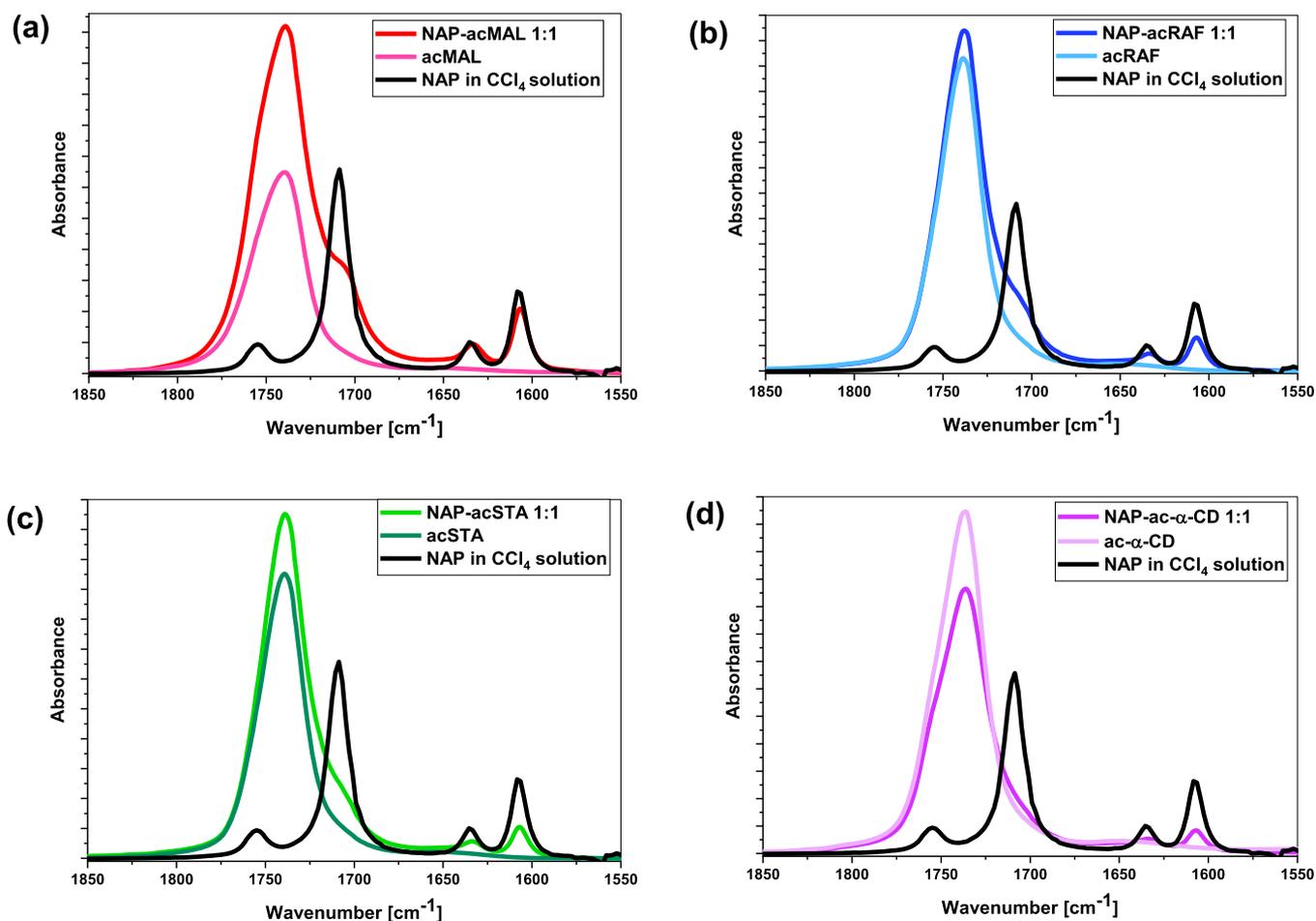


**Figure 6.** X-ray diffraction patterns for recrystallized equimolar mixtures of NAP with acMAL (a), acRAF (b), and acSTA (c) together with diffractograms measured for the crystalline NAP and neat modified saccharides.

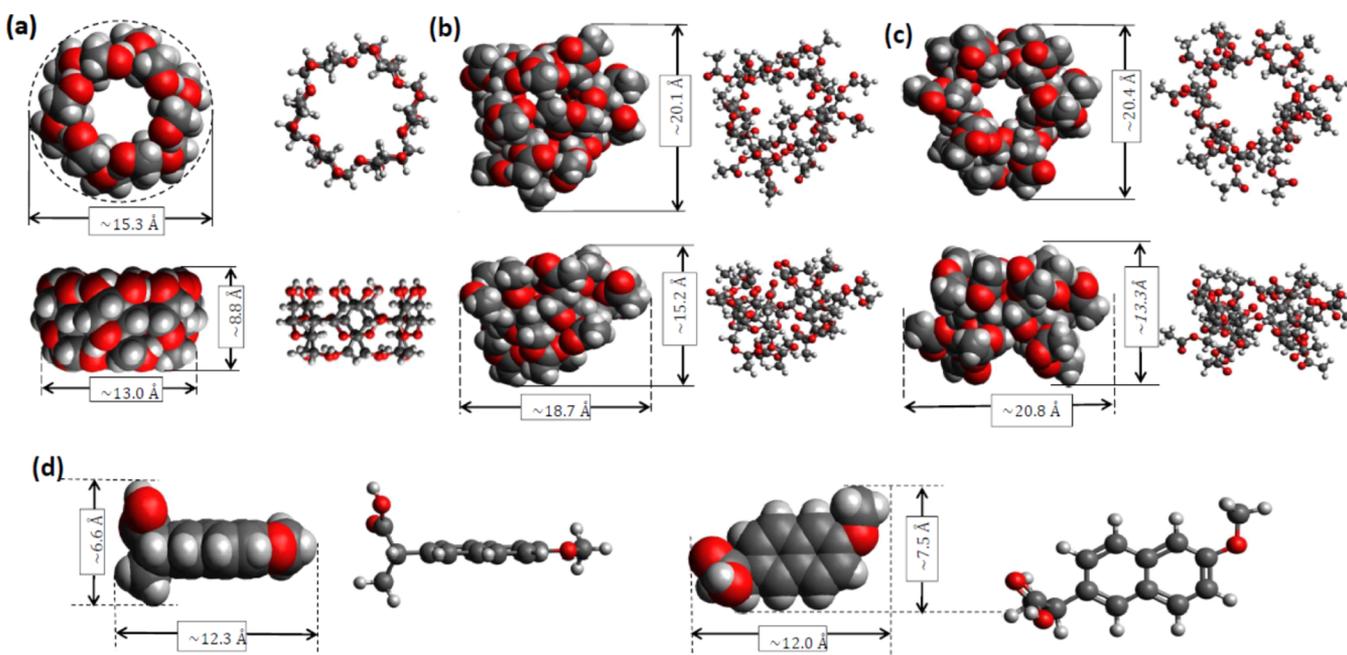
composed of one polymorphic form that can be indexed in the P 1 21 1 space group symmetry with unit cell parameters  $a \approx 7.73 \text{ \AA}$ ,  $b \approx 5.72 \text{ \AA}$ , and  $c \approx 13.36 \text{ \AA}$  and cell angles  $\alpha \approx 90^\circ$ ,  $\beta$

$\approx 93.7^\circ$ , and  $\gamma \approx 90^\circ$ , according to the Crystallography Open Database (CCDC code: 735269). In all the measured binary mixtures of NAP with acSACCHs, there is a clear indication of recrystallization of APIs to the same polymorphic form, visible as the presence of sharp peaks at positions corresponding to the maxima of neat NAP. The structure of acRAF and acSTA in the mixtures with NAP is noncrystalline and show diffraction pattern typical for disordered materials, with two or three broad diffraction maxima, respectively, in the range up to  $12^\circ$ . In turn, acMAL recrystallizes in the mixture to the same crystalline form as in the case of neat acMAL, as evidenced by the positions of the observed Bragg peaks. Moreover, from the comparison of the intensity of NAP Bragg peaks in the SDs of the same molar ratio (1:1), it is clearly seen that the degree of crystallinity of NAP in the NAP–acMAL system is significantly higher than that in the mixtures with acRAF and acSTA. For the latter two systems, the recrystallization of NAP progresses much slower, wherein the slowest recrystallization is observed for the SD with acSTA, which is the saccharide with the highest molecular weight.

Summarizing this part of our work, one can state that the progress of crystallization of NAP in binary mixtures depends on the length of the saccharide chain ( $M_w$ ). It is just mentioned that the API did not crystallize at the higher heating rate (10 K/min) in the system composed of acSTA. Moreover, for this SD, the activation barrier for the crystallization of NAP



**Figure 7.** Infrared spectra of NAP in  $\text{CCl}_4$  solution, supercooled acSACCHs, and NAP–acSACCH (1:1 m/m) binary mixtures in the range of  $1850\text{--}1550 \text{ cm}^{-1}$ .



**Figure 8.** Molecular structure of isolated  $\alpha$ -CD (a), acetyl- $\alpha$ -CD molecules (b,c—two conformers), and NAP, S-form (d) fully optimized by DFT.

is very high (a comparable  $E_{cr}$  was estimated only for the binary mixture with acRAF). On the other hand, the most remarkable finding is related to the complete suppression of the crystallization of the API in the NAP–ac- $\alpha$ -CD SD. For this mixture, NAP did not tend to crystallize irrespectively of the heating/cooling rate and concentration. To address and understand these interesting findings, we have carried out further FTIR measurements and DFT calculations to (i) determine the strength of interactions between both components of the mixtures and (ii) verify whether NAP may penetrate into the cavity formed by modified  $\alpha$ -cyclodextrin and if this phenomenon is responsible for the lower crystallization ability of the active substance.

Infrared studies of the individual components and NAP–acSACCH (1:1 m/m) SDs were performed at room temperature. FTIR spectra of the crystalline NAP and NAP diluted in a  $\text{CCl}_4$  liquid mixture (frequency range from 3600 to 950  $\text{cm}^{-1}$ ), collected to better visualize the interactions between API molecules, are shown in Figure S4 in the Supporting Information. Additionally, in Figures S5–S8, the comparison of the spectra of NAP in  $\text{CCl}_4$  solution and supercooled acSACCHs (acMAL, acRAF, acSTA, and ac- $\alpha$ -CD) and their binary mixtures with NAP (1:1 m/m), measured in the 3700–2400 and 1850–950  $\text{cm}^{-1}$  regions, is depicted. The same data, presented in the narrower frequency range, that is, 1850–1550  $\text{cm}^{-1}$ , are presented in Figure 7.

Herein, it should be mentioned that  $\text{CCl}_4$ , as an inert solvent, was used as a reference to obtain the information about the extent of aggregation of NAP. The measurement of the IR spectrum of APIs diluted in  $\text{CCl}_4$  (Figure S4) shows that NAP molecules exist as H-bonded dimers under such conditions. Interestingly, the band profile of the OH stretching vibrations for NAP in the SDs looks similar to that found in  $\text{CCl}_4$  solution. Hence, this simple experiment, commonly applied to gain insights into the H-bond pattern, allowed us to certify that API chains connected via H-bonds (a characteristic feature of NAP in crystals) are being destroyed in binary

mixtures with acetylated saccharides. In these systems, NAP exists as dimers; for details, see the Supporting Information.

Comparing the IR spectra of NAP in  $\text{CCl}_4$  solution with those of neat acSACCHs and NAP–acSACCH SDs (Figures S5–S8), it is interesting to find some important spectral features, especially in two regions: 3100–3400 and 1550–1850  $\text{cm}^{-1}$ . An additional broad band of low intensity is detected for all binary systems in the range of 3100–3400  $\text{cm}^{-1}$ , which suggests some kind of an association process between NAP molecules or between NAP and modified saccharides at room temperature. In each examined mixture, the position of this new band is comparable (NAP–ac- $\alpha$ -CD: 3633  $\text{cm}^{-1}$ , NAP–acMAL: 3634  $\text{cm}^{-1}$ , NAP–acRAF: 3633  $\text{cm}^{-1}$ , and NAP–acSTA: 3635  $\text{cm}^{-1}$ ). The significant changes in the band profile occur in the frequency range of 1550–1850  $\text{cm}^{-1}$ . As shown in Figure 7, all NAP–acSACCH SDs exhibit an additional shoulder in the C=O band profile at about 1705  $\text{cm}^{-1}$ , which is absent for neat modified carbohydrates. Moreover, there are no bands in the range of 1550–1650  $\text{cm}^{-1}$  in the IR spectra of the studied EXCs. In the case of binary mixtures, there are two additional peaks in this region (1634 and 1607  $\text{cm}^{-1}$ ), analogous to those in NAP in  $\text{CCl}_4$  solution (1635 and 1608  $\text{cm}^{-1}$ ). All these characteristic spectral features described above indicate that there are mainly H-bond interactions between API molecules in the considered binary mixtures. Although we cannot rule out that there might be some direct intermolecular interactions between NAP and modified saccharides, but even though it is the case, they are of a weak character.

As a final point, we carried out DFT calculations to check the compatibility between NAP dimers and the cavity in the ac- $\alpha$ -CD; see Figure 8. It is worth mentioning that there are numerous reports indicating that the native  $\alpha$ -cyclodextrin can serve as a host for small compounds (namely, the API molecule might be closed inside the hydrophobic cavity in this saccharide<sup>49–51</sup>). In this context, one can refer to the work by Bettinetti et al.,<sup>51</sup> where it was shown that because of interactions between NAP and  $\alpha$ -CD, the inclusion complex

stabilizing the amorphous pharmaceutical can be formed. Note that the authors also indicated that a somewhat different so-called pseudo-inclusion complex is created between this API and a noncyclic analogue of  $\alpha$ -CD, that is, maltohexaose, M6 (the similar situation is less likely but probable in the case of the lower homologues of M6, such as maltotetraose, M4, or maltotriose, M3, revealing small complexing properties). The results of our computations, showing that dimers of NAP might be entrapped by  $\alpha$ -CD, confirm the conclusions presented in ref 51. In turn, a completely different situation was found for the acetyl derivative of this carbohydrate (ac- $\alpha$ -CD). It turned out that acetyl moieties are highly mobile, leading to the formation of different conformers and strong modification of the chemical structure and properties of the cavity of  $\alpha$ -CD. In Figure 8, we presented two representative conformations of the cyclic modified saccharide characterized by the higher (cavity is preserved) and lower (cavity is closed) energy. Interestingly, even in the case of the first molecular configuration, docking of the NAP dimers inside the saccharide is strongly suppressed because of the hindrance posed by acetyl units that reduce the size of the torus. On the other hand, the encapsulation of NAP is impossible for the second molecular conformation because the cavity is completely closed.

To elaborate on this issue in more detail, we also performed additional computations of the FTIR spectra of the equimolar systems composed of ac- $\alpha$ -CD and NAP located outside or inside the cavity formed by cyclic modified saccharide (data not shown). However, it was found that the vibration profiles of both systems are not so much different. Therefore, elucidation or discrimination which scenario is more probable based on the Fourier-transform infrared spectra supported by theoretical computations is not possible. At the moment, we can conclude that taking into account the energies of binary mixtures composed of NAP inside and outside the cavity (differing by up to 80 kJ/mol), the latter state seems to be more preferred. Herein, it should also be recalled that according to Bettinetti et al.,<sup>51</sup> the linear native oligosaccharide M6 (six glucose units) can be a supermolecule for NAP and form the pseudo-inclusion complex with this API. Hence, one could consider a similar scenario for acMAL, acRAF, and acSTA. However, taking into account that (i) we studied modified carbohydrates characterized by much different intermolecular interactions with respect to the native ones, (ii) the smaller matrices (up to four monomeric units) were used, and (iii) FTIR data revealed lack or weak interactions between NAP and linear or cyclic saccharides, the formation of some kind of pseudo-inclusion complexes in examined binary mixtures is hardly possible.

Therefore, although our studies clearly indicated that the length of the chain and topology of the EXC play a pivotal role in suppressing crystallization of NAP, there must be other factors than intermolecular interactions or geometrical compatibility of the host and guest molecules that is responsible for this phenomenon. One can suppose that the variation in the structure of the saccharide induces some changes in the free volume, as it was suggested for the bicalutamide-PVP SDs.<sup>52</sup> The other possibility is related to strong dispersive van der Waals interactions that make it harder for APIs to form the nucleus and trigger the crystal growth. However, to better understand this finding and the molecular mechanism responsible for this, further studies are required.

## CONCLUSIONS

In this work, we have carried out BDS, nonisothermal DSC, and XRD measurements on the binary mixtures composed of NAP and selected acetylated saccharides (linear and cyclic). Our purpose was to investigate the influence of the chain length and topology of the EXC on the crystallization tendency of the examined API. Interestingly, dielectric and structural studies performed on equimolar (1:1 m/m) binary systems showed that the degree of crystallinity of NAP depends on the  $M_w$  of the linear saccharide—it was the highest for the case of NAP–acMAL SD. On the other hand, the presence of cyclic modified hexasaccharide, ac- $\alpha$ -CD, prevents NAP crystallization (even in the molar ratio of 10:1, such a phase transition was not detected). Further nonisothermal calorimetric measurements (at various heating rates  $\phi$ ) and analyses of the obtained data using Kissinger and Augis–Bennett approaches revealed that the length of the saccharide chain (acMAL, acRAF, and acSTA) has, in fact, an impact on the progress and activation barrier for the crystallization. In this context, one can mention that NAP did not crystallize at the  $\phi = 10$  K/min in the mixture with the tetrasaccharide acSTA. Moreover, for this binary system, the activation barrier for the crystallization of the API was very high (comparable to that determined for the trisaccharide acRAF). To understand this finding and the suppression (irrespective of the heating rate and concentration) of NAP crystallization in the SD with ac- $\alpha$ -CD, we performed additional FTIR measurements and DFT calculations. Infrared studies demonstrated that there are no or only weak H-bonding intermolecular interactions between the API and each examined acetylated oligosaccharide. On the other hand, theoretical calculations showed that the encapsulation of NAP dimers to the cavity of ac- $\alpha$ -CD is impossible or strongly inhibited irrespective of the molecular conformation of the EXC. Based on abovementioned data, it was concluded that except the intermolecular interactions and geometrical compatibility of NAP and ac- $\alpha$ -CD molecules, probably, other factors (e.g., some variations in the free volume or strong dispersive van der Waals interactions) might be responsible for suppressing the API crystallization. Nevertheless, this issue is yet to be clarified in the future.

## ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acs.molpharmaceut.0c00982>.

DSC thermograms measured at different heating rates for NAP–acMAL and NAP–acRAF (1:5.45 w/w) binary mixtures, results of the analysis of calorimetric data using Kissinger and Augis–Bennett approaches, X-ray diffraction patterns for NAP–acSACCH (1:1 m/m) systems collected at 293 K just after supercooling liquids, and infrared spectra of crystalline NAP and NAP in  $\text{CCl}_4$  solution, supercooled acSACCHs (acMAL, acRAF, acSTA, and ac- $\alpha$ -CD) and NAP–acSACCH 1:1 m/m binary systems, measured at room temperature in the frequency range from 3700 to 950  $\text{cm}^{-1}$ , together with the detailed description of the obtained results (PDF)

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### Notes

The authors declare no competing financial interest.

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